# Weight and Metabolic Disorders (WAMD) Treatment Center

### Is your weight troubling you physically and emotionally?

### Have you...

- ➤ Battled your weight for years?
- Tried different weight loss programs, trendy or fad diets and lost weight just to gain it back?
- ➤ Had troubles sticking with an exercise program due to your health/weight issues?
- ➤ Avoided social activities due to your self image?
- ➤ Felt hopeless in your efforts?

## Do you...

- ➤ Believe in yourself?
- ➤ Want to change your lifestyle so you can become the person you believe you can be?

# Then Bariatric Surgery may be for You...

- ➤ Gastric Bypass
- ➤ Sleeve Gastrectomy
- ➤ Adjustable Gastric Banding

#### Do You Suffer From...

### Obesity

- ➤ More than 100 lbs overweight (BMI over 40)
- ➤ More than 75 lbs overweight (BMI over 35) plus have an obesity-related condition such as:
  - ➤Type 2 Diabetes
  - ➤ Gastroesophageal Reflux Disease (GERD)
  - ➤ High Blood Pressure
  - ➤ High Cholesterol
  - ➤ Obstructive Sleep Apnea
  - ➤ Coronary Artery Disease
  - ➤ Pulmonary Hypertension
  - ➤ Obesity Hypoventilation Syndrome



# Did You Know That Bariatric Surgery Can...

dramatically improve and even resolve the obesityrelated conditions listed above.

> Diabetes – 84% Resolution Hypertension – 67% Resolution Sleep Apnea – 80% Resolution Hyperlipidemia – 97% Resolution

**Quality of Life Improved in 95% of Patients** 

### For more information:

- Contact the WAMD Clinic at (210)617-5300 ext. 17512
- ➤ Not sure if Bariatric Surgery is right for you? Then come ask questions and listen to our bariatric surgeons, dietician and pre/post-op patients at our Bariatric Support Group Meetings:
  - ≥1st Thursday of each month at 6:30 p.m., 3100 Marvin R Wood, FSH
  - ▶4<sup>th</sup> Friday of each month at 10 a.m., Room 304.3C, STVHCS

